

American Spirit Institute Course Offerings

Fall 2011

For your convenience, classes have been color coded.

New classes may be added & don't forget about our home study programs available.

Please sign up for classes in the Sign-Up Binder located in the break room.

School Holidays:

Memorial Day

Independence Day

Labor Day

Thanksgiving

Christmas

New Year's Day

The school typically takes a week break between Christmas and New Years Day.

School is closed the week of August 28th – September 5th with classes resuming September 6th.

American Spirit Institute Course Offerings - August 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 Anatomy & Physiology 6:30pm-9:30pm	5	6
7	8	9	10 Business & Marketing 6:30pm - 9:30pm	11 Anatomy & Physiology 6:30pm-9:30pm	12	13
14	15	16 Hot Stone Massage 6:30-9:30pm	17 Business & Marketing 6:30pm - 9:30pm	18 Anatomy & Physiology 6:30pm-9:30pm	19	20
21	22 Reflexology 6:30pm - 9:30pm	23 Business & Marketing 6:30pm - 9:30pm	24 Business & Marketing 6:30pm - 9:30pm	25 Anatomy & Physiology 6:30pm-9:30pm	26	27
28	29 School Break	30 School Break	31 School Break			

American Spirit Institute Course Offerings - September 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 School break	2 School break	3
4	5 Labor Day	6 Therapeutic Massage 6:30pm-9:30pm Muscle Anatomy 6:30pm-9:30pm	7 Spa Techniques 1 6:30pm-9:30pm	8 Anatomy & Physiology 6:30pm-9:30pm	9	10
11	12 Reflexology 6:30pm – 9:30pm	13 Therapeutic Massage 6:30pm-9:30pm Muscle Anatomy 6:30pm-9:30pm	14 Spa Techniques 1 6:30pm-9:30pm	15 Anatomy & Physiology 6:30pm-9:30pm	16	17
18	19 Reflexology 6:30pm – 9:30pm	20 Therapeutic Massage 6:30pm-9:30pm Muscle Anatomy 6:30pm-9:30pm	21 Spa Techniques 1 6:30pm-9:30pm	22 Anatomy & Physiology 6:30pm-9:30pm	23	24
25	26 Sports Massage 6:30pm – 9:30pm	27 Therapeutic Massage 6:30pm-9:30pm Muscle Anatomy 6:30pm-9:30pm	28 Spa Techniques 1 6:30pm-9:30pm	29 Anatomy & Physiology 6:30pm-9:30pm	30	

American Spirit Institute Course Offerings - October 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Sports Massage 6:30pm – 9:30pm	4 Therapeutic Massage 6:30pm-9:30pm Muscle Anatomy 6:30pm-9:30pm	5 Spa Techniques 1 6:30pm-9:30pm	6 Anatomy & Physiology 6:30pm-9:30pm	7	8
9	10 Sports Massage 6:30pm – 9:30pm	11 Therapeutic Massage 6:30pm-9:30pm Muscle Anatomy 6:30pm-9:30pm	12 Spa Techniques 2 6:30pm-9:30pm	13 Anatomy & Physiology 6:30pm-9:30pm	14	15
16	17 Sports Massage 6:30pm – 9:30pm	18 Therapeutic Massage 6:30pm-9:30pm Muscle Anatomy 6:30pm-9:30pm	19 Spa Techniques 2 6:30pm-9:30pm	20 Anatomy & Physiology 6:30pm-9:30pm	21	22
23	24 Sports Massage 6:30pm – 9:30pm	25 Therapeutic Massage 6:30pm-9:30pm Muscle Anatomy 6:30pm-9:30pm	26 Spa Techniques 2 6:30pm-9:30pm	27 Anatomy & Physiology 6:30pm-9:30pm	28	29
30	31					

American Spirit Institute Course Offerings - November 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Therapeutic Massage 6:30pm- 9:30pm	2 Spa Techniques 2 6:30pm- 9:30pm	3 Anatomy & Physiology 6:30pm- 9:30pm	4	5
6	7 Pre-natal Massage 6:30pm – 9:30pm	8 Therapeutic Massage 6:30pm- 9:30pm	9 Spa Techniques 2 6:30pm- 9:30pm	10 Anatomy & Physiology 6:30pm- 9:30pm	11	12
13	14 Pre-natal Massage 6:30pm – 9:30pm	15 Therapeutic Massage 6:30pm- 9:30pm	16	17 Anatomy & Physiology 6:30pm- 9:30pm	18	19
20	21 Pre-natal Massage 6:30pm – 9:30pm	22 Therapeutic Massage 6:30pm- 9:30pm	23	24 Anatomy & Physiology 6:30pm- 9:30pm	25	26
27	28 Reiki 1 6:30pm – 9:30pm	29 Therapeutic Massage 6:30pm- 9:30pm	30			

American Spirit Institute Course Offerings - December 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Anatomy & Physiology 6:30pm-9:30pm	2	3
4	5 Reiki 1 6:30pm – 9:30pm	6 Therapeutic Massage 6:30pm-9:30pm	7	8 Anatomy & Physiology 6:30pm-9:30pm	9	10
11	12 Reiki 1 6:30pm – 9:30pm	13 Therapeutic Massage 6:30pm-9:30pm	14	15 Anatomy & Physiology 6:30pm-9:30pm	16	17
18	19 Reiki 1 6:30pm – 9:30pm	20	21	22 Anatomy & Physiology 6:30pm-9:30pm	23	24
25	26	27	28	29 Anatomy & Physiology 6:30pm-9:30pm	30	31